



## ONLINE TOOLS FOR TEAM CAPTAINS

Here's how to use the local NAMI Walks Website to help make your participation in the walk easier.

Visit [www.namiwalks-wa.org](http://www.namiwalks-wa.org)

Once there you can click the link to sign up your team. You are taken to the National NAMI Site – Seattle Area Walk.

**\*\*NOW THE FUN BEGINS\*\***

**STEP ONE:** click on [form a team](#)

**STEP TWO:** under the heading, I want to organize my own walk team click; [register online now for the May 2007 NAMI Seattle Area Walk](#)

**STEP THREE:** You will be asked to create a free NAMI.org sign-in account before you can officially create your team online with us.

**NOW** you can form your team – register your TEAM by providing your contact information, creating a team name and selecting fundraising goals.

### **Benefits of registering your team here:**

- Δ All of your team walkers can sign-up here! (Eliminates the need to collect or mail in registration forms or enter the information into the database yourself.)
- Δ Receive an email every time one of your team members registers
- Δ Create a TEAM home page – this page can serve as encouragement and a way to monitor your teams fundraising progress
- Δ Individual walkers can also create their own page
- Δ **You** can send all registered teammates messages of support and to cheer them on via email
- Δ GREAT way to have supporters donate to you and your teammates (no need to worry about collecting and delivering money the day of the walk)

**NOTE:** When you visit the site again at a later date and you want to look at your NAMIWalks page – you will need to sign in to access that information.

**Please contact Lisa Murray with Questions:**  
**(206) 343-3031**  
**[nami@lments.net](mailto:nami@lments.net)**

